

# MISSION

Community Services Society

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FREE  
Group  
Program

## Connect Parent Group

Are you a parent or caregiver of an 11-16 year old?

Is everything a battle?

Feel like what you say doesn't matter?



Come out and learn about CONNECT©  
An Attachment-Based Perspective on Parenting

**Where?** Mission Community Services, 33179 2<sup>nd</sup> Ave.

**When?** January 9 to March 13, 2018

**Time:** 6:30-8:00pm

**Dinner Provided (6pm)**

**Childcare Provided.**

### Goals:

-To understand your teen's development and behaviour from an attachment perspective

-To develop awareness of relationship issues and patterns

-To learn new skills that strengthen your relationship with your teen and consider new options in parenting

**Limited Seating—  
Register—  
Now.**

**To pre-register for Connect Parenting, please contact:**

**Corinne Setter**

Youth Worker

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Family Support Worker

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Helping People | Changing Lives | Building Community

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