



École Heritage Park Middle School

NEWSLETTER



October 25, 2018 | Issue 2

Linda Ziefflie, Principal | 33700 Prentis Avenue, Mission, BC V2V 7B1 | Tel 604-820-4587 | Fax 604-820-4589 | hpms.mpsd.ca

MESSAGE FROM THE PRINCIPAL

Dear Parents and Guardians:

We are now more than half-way through our first term of school. On October 3rd, we held an extracurricular fair at lunch-time in the main foyer. Students had the opportunity to learn about all of the clubs and teams they could get involved in at Heritage Park.

Leadership students have planned a Fall Spirit Week for October 22-26 which will include many fun-filled activities for students.

PLEASE NOTE: Halloween lands on a Wednesday this school year. Students are encouraged to wear costumes on this day. **Please remember that costumes must follow the school Dress Code Guidelines.** Students not following the Dress Code Guidelines will be asked to call home for appropriate clothing to be brought to the school.

In our first months, we have been focusing on our SOLES Code of Conduct with students (we respect: **Self, Others, Learning, Environment and Safety**). We continue to be impressed with the level of courtesy demonstrated by Heritage Park students. We are rewarding students who demonstrate SOLES behaviours with a ticket for a draw held at the end of each month. Draw winners will receive gift cards for local businesses, the cafeteria, or the school Thistle Stop Café. For the small number of students who are not yet displaying behavior consistent with our SOLES expectations, we are proceeding with progressive discipline.

Many of our teachers are using the Check-My-Mark program, and many teachers will be sending home interim reports for first term. If you have questions or concerns about your child's progress, now would be a good time to contact teachers. There is still time for students to review, catch-up and improve before report cards go home next month. Report cards will be issued at the parent conference evening on November 22nd.

Mrs. Linda Ziefflie

Principal



- ✓ November 09 1/2 Day Assessment, 11:23 am Dismissal, Term 1 Ends
- ✓ November 12 Stat in Lieu of Remembrance Day, No Classes
- ✓ November 13 Term 2 Begins
- ✓ November 14 Gr. 9 'Take Our Kids to Work Day'
PAC Meeting, Library, 7:00 pm
- ✓ November 22 WE Day
Parent/Teacher Conferences and Report Cards
- ✓ November 23 Non-Instructional Day, No Classes

ÉHPMS Info Can Be Found:

- The Student Agenda
- Listen/Read Auto-Dialer Messages
- Check the Monthly Newsletters
- Attend Monthly Parent Advisory Council Meetings
- View the Reader-Board
- Check the Website:
hpms.mpsd.ca/Pages/default.aspx
- Download the App for 'Push-App' Messages



Free Apps: To Support Students With Anxiety and/or Stress



Stop, Breathe, Think



MindShift

Book: "Why We Sleep: The New Science of Sleep and Dreams"

~ by Professor Matthew Walker ~

Professor Matthew Walker, Director of UC Berkeley's Sleep and Neuroimaging Lab discusses the latest discoveries about sleep and how it impacts our life, wellness, and lifespan.

Book: "Raising an Emotionally Intelligent Child"

~ by John Gottman PhD and Daniel Goleman ~



Daylight Saving Time Ends
 On November 11th
 Turn Your Clocks Back
 One Hour



This year the students in the TEAK program are starting their own mini businesses as part of the Entrepreneurship Program. In order to raise start-up capital, they organized and hosted a lunchtime barbeque with the generous support of Save-On Foods at the Junction. Dawn and her team donated all of the food for the barbeque and we are *truly* grateful for their support!

Our plan is for the students to produce their own products to be sold at pop-up craft fairs throughout the school year. Anyone wishing to support their efforts should check back here, or on the school website, to see what creative and fun products they decide to make.



Here's to a year full of learning, fun and profits!

It's time for ghosts, ghouls, witches and dancing! **At lunch on October 31st**, there will be a Charity Halloween Dance and ALL students are welcome! Come and try your luck at a donut eating competition, demonstrate your creative skills in the Toilet Paper Mummy competition, and strut your stuff in the Halloween Costume Competition. We'll have lots of music, fun, and did we mention pizza?

Come and join us for a Spooky (extended) Lunch Extravaganza! Small Gym, 11:00 am - 12:30 pm.

Entry to the Dance is \$2.00 / Pizza is \$2.00 per Slice and Drinks are \$1.00



Cross Country:

The ÉHPMS Cross Country Team are going strong. They train at lunch 3 days per week, and team coach, Mr. Brogan, is proud of their hard work and endurance.

The Team's next event is on Wednesday, October 24, in Chilliwack.

Good luck team!!!



October has been a busy month in the ÉHPMS library. The members of the Library Club have done a fabulous job of decorating for Halloween, draping cobwebs along the ceiling and hiding a few creepy surprises on the shelves! Books about ghosts, witches, zombies and all things scary have been snatched up by our patrons. Over two thousand books have been checked in and out since the beginning of September.

Back by popular demand was the Library Bookmark Contest. Over 75 students entered designs for book-marks, and 8 have been chosen to be printed and made available to anyone checking out a book. The winning entries were by:

• Ben W.	• Emily M.	• Shaina K. (2 designs)	• Tia W.
• Cameron T.	• Kaleigh D.	• Subin C.	

The overall winner of the \$30.00 gift certificate to Black Bond Books is Kaleigh D. for her imaginative scarecrows design. Congratulations to all!

Exciting news! The library will be holding its first Scholastic Book Fair in the coming weeks. A member of our PAC, Karen Thompson, has very kindly offered to organize this event, which we hope will bring out parents and students looking for Christmas gifts. The dates will be announced in November’s newsletter and on the Home page of our school website.



UPCOMING LIBRARY EVENTS

Check out all the latest Mission library events at: fvrl.bibliocommons.com/events/

Coding with Scratch

- Monday, November 19, 3:15 pm - 4:45 pm

Program your own sprite and create unique animations using Scratch, the MIT-developed programming platform. Learn the basics of Scratch coding and let your imagination do the rest. Bring your own laptop or use one supplied by the Library. Registration required. For ages 12+.

Beaded Christmas Ornaments

- Saturday, December 1, 2:30 pm - 4:00 pm

Make a beaded Christmas ornament with Marne Ferris, from Siwal Si’wes Aboriginal Education, Mission Public Schools. All supplies provided, but registration required. For ages 12-18.

Ugly Christmas Sweater Craft

- Saturday, December 8, 2:30 pm - 4:00 pm

Get ready to make your very own ugly Christmas Sweater! You provide the sweater, we’ll provide the ugly. Registration required. For ages 12-18.

ÉHPMS Film Fest



Following last year's successful event, the ÉHPMS Film Festival is returning for the third time the week of January 14-17, 2019. All students in the school will watch a variety of excellent films that should spark thoughtful discussions about important cultural and social issues. Once the film selections are finalized, there will be a brochure going home to parents in November. Please review the choices with your child, and help them choose the films they would like to watch. A description of all films can be found on Common Sense Media (<https://www.commonsensemedia.org/>).

On October 18th, ten ÉHPMS Leadership students and two teachers headed to the British Columbia Student Leadership Conference at beautiful Rockridge Canyon near Princeton, BC. They spent three days attending workshops, listening to inspirational keynote speakers, and connecting with Leadership students and advisors from across BC. They returned with some fantastic ideas to continue to build our own Leadership program.

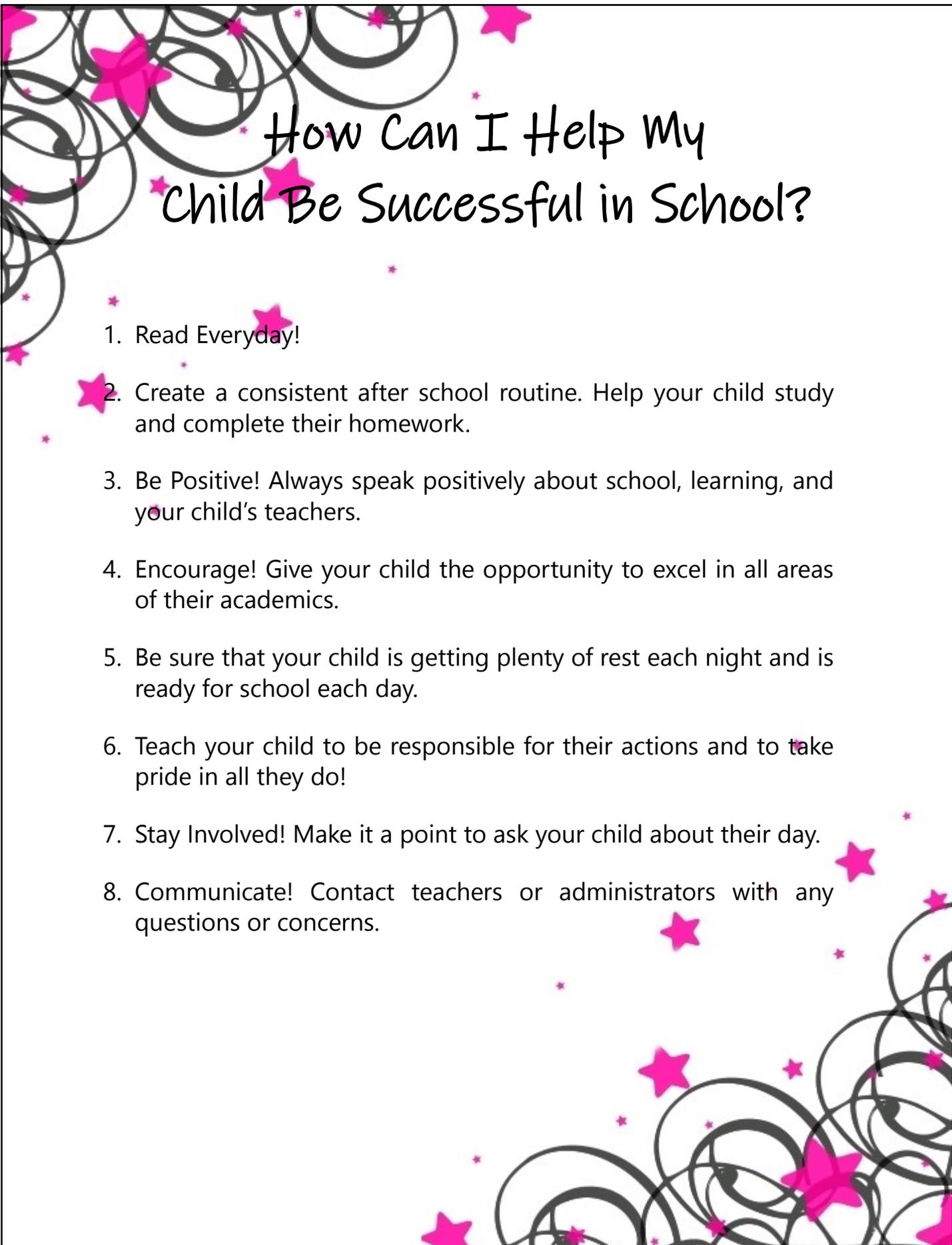


STUDENT LEADERSHIP

~ Erin Matheny, English/French/Leadership Teacher ~

• Victor D.	• Roushanai K.	• Madeline H.	• Jasleen P.	• Izzy V.
• Amareet D.	• Emma-Don K.	• Charlie L.	• Austin V.	• Becca Y.





How Can I Help My Child Be Successful in School?

1. Read Everyday!
2. Create a consistent after school routine. Help your child study and complete their homework.
3. Be Positive! Always speak positively about school, learning, and your child's teachers.
4. Encourage! Give your child the opportunity to excel in all areas of their academics.
5. Be sure that your child is getting plenty of rest each night and is ready for school each day.
6. Teach your child to be responsible for their actions and to take pride in all they do!
7. Stay Involved! Make it a point to ask your child about their day.
8. Communicate! Contact teachers or administrators with any questions or concerns.



École Heritage Park Middle School

PARKING CONCERNS



Please be advised parent/guardian drop-off and pick-up of students in their vehicles is increasingly becoming an issue. No parking and reserved parking areas are being completely ignored, and the aggression behind the wheel is increasing. There have been numerous occasions where individuals have almost been hit by cars. We ask you comply to the following requests to avoid any such tragedy:

- Please avoid parking in front of the main driveway to the school and Clarke Theatre. This is a **Fire-Lane** and there should be no stopping at any time. Because of the congestion at the end of the school day, staff make every attempt to back into their reserved parking spots at the beginning of the day; however, are often hindered in doing so because of vehicles stopping in unassigned areas in front of their parking area. Again, because of the congestion, it is near impossible for employees to back out of their parking spots at the end of the day, because of the numerous vehicles in the way.
- Students are encouraged to walk to school. When it is necessary to drop off and pick-up your child, please enter the parking lot off Stave Lake Road and proceed past the bus-loop to the rear parking lot, between the field and the track.
- Students may be safely dropped-off beside the school. There is also parking in the rear lot for visitors. There are also a few marked visitor parking spaces in front of the main entrance.
- Most other parking spaces in the front of the school and on the west-side of the school are assigned as **staff parking**; the parking lot on the east side of the school is for the University.
- **We ask your cooperation in respecting the designated parking spaces and the “No Stopping at Any Time” sign in front of our main entrance.** This allows complete and safe access to permitted parking spaces, spaces for people with disabilities and access for emergency vehicles if required.



Hatzic Middle and École Heritage Park Middle
Take Our Kids to Work Day - Gr. 9



October 26, 2018

Dear Parent/Guardian of Grade 9 Students of ÉHPMS and HMS:

Take Our Kids to Work Day will take place on Wednesday, November 14th, 2018.

What is Take Our Kids to Work Day?

Launched in 1994 by the Learning Partnership, Take Our Kids to Work Day is the most recognized career exploration event in Canada. Take Our Kids to Work Day is an experiential learning opportunity for Grade 9, Senior 1 (Manitoba), and Secondary III (Quebec) students across Canada. Students spend the day at the workplace of a parent, relative, friend, or volunteer host. Through Take Our Kids to Work Day, students are able to witness the world of work first-hand, prompting early career planning, and enabling students to make informed decisions pertaining to their future goals and endeavours. By participating in Take Our Kids to Work Day, students are able to learn about a variety of careers, industries, and sectors.

If you are interested in your child participating in this event, please complete the consent form on the reverse of this information sheet, and have your child return it to their school office no later than November 13th, 2018.

If you require additional information, please contact your child's school administration.

Sincerely,



Mr. Marcello Gabriele
Principal, HMS



Ms. Linda Ziefflie
Principal, ÉHPMS

2018

Parent/Guardian Consent Form:

We need your consent

To be completed and signed by a parent or guardian and student, then returned to the school.

To the Parent/Guardian: Your child has the right and responsibility to have a safe and educational workplace visit. Health and Safety education is an important element of this program. Review this form with your child and sign below. If you have additional questions about safety, contact the school or the workplace.

Student's name: Teacher's name:

My child has my permission to participate in this program.

- My child may be photographed, interviewed or videotaped on Take Our Kids to Work day by the workplace or by The Learning Partnership for the purpose of promotion, advertising and public relations purposes related to Take Our Kids to Work Day.
- The workplace is aware that my child will be visiting on Wednesday, November 14, 2018, between the hours of _____ and _____. We have discussed lunch arrangements and appropriate clothing/safety attire.

Parent's name: Workplace name:

Telephone:

Address:

OR

My child will accompany a: (check one)

- relative
- friend
- community host

Contact's name: Telephone:

Workplace name:

- A colleague at my workplace would be willing to host another student in need of a placement.

Colleague's name: Telephone:

Elements of risk

All experiential learning programs, such as field trips, cooperative education, job shadowing and Take Our Kids to Work participation, involve certain elements of risk. Injuries may occur while participating in this activity without any fault of the student, the school board, or the host employer. By allowing your child to take part in this activity, you are accepting the risk that your child may be injured.

I understand that there are risks associated with my child visiting a workplace and I have reviewed the Elements of risk section above with my child.

Parent/Guardian signature: Date:

Student signature: Date:

OPPORTUNITY FOR UNEMPLOYED
BRITISH COLUMBIANS 16 YEARS
OF AGE OR OLDER

Get skills,
training and work
connections at....



Training for Succe\$\$ - Mission

Employment Services and Support Program

What will you get?

- ✓ 7 weeks of employment-based instruction which is informative, interactive, supportive and fun
- ✓ Career Planning and up-to-date Job Search Skills
- ✓ Coaching, mentoring and employment counselling
- ✓ Computer training - MS Word, Excel and Powerpoint
- ✓ Job Skills Development and connections to available jobs
- ✓ Industry Certificates - First Aid; Food Safe; WHMIS; SuperHost and Serving It Right
- ✓ **Certification or training specific to your chosen industry**

MISSION

and also Abbotsford
Chilliwack
Maple Ridge

STARTING SOON

Seats are limited!

Who is this for?

A person who is 16 years of age or older, unemployed or under-employed, legally entitled to work in Canada, and needs to gain employment.

This program is not for students still in school.

Contact us today

offered by:
Mission Community Skills Centre Society

778.982.0626

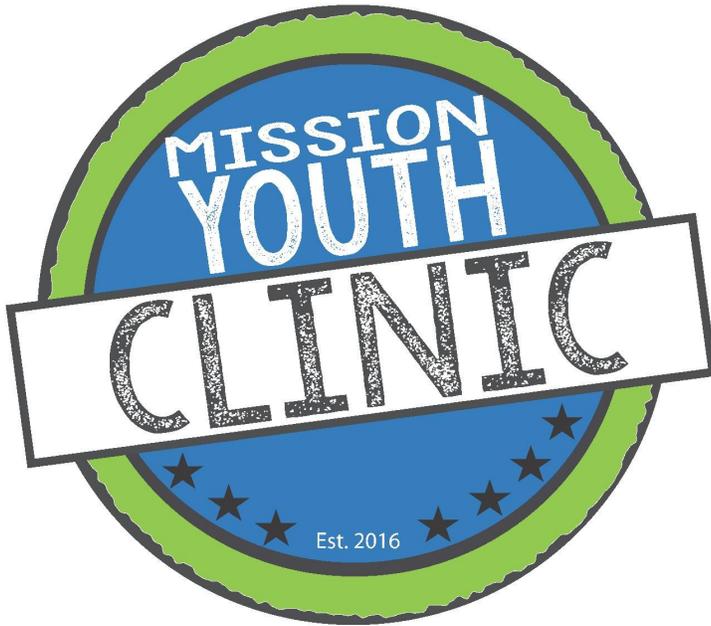
1.866.986.9675

tfs@missioncsc.org

#201 - 33123 1st Ave.
Mission, BC
V2V 1G5
(enter off James St.)



Funding provided by the Government of Canada
through the Canada-British Columbia Job Fund.



@

Fraserview
32444 7th Ave

FIND THE SCHEDULE
AND/OR
BOOK AN APPOINTMENT
RIGHT ON YOUR PHONE



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GENERAL HEALTH CONCERNS
SPECIALIST REFERRALS
BIRTH CONTROL
STI'S
COUNSELLING
SEXUAL HEALTH
MENTAL HEALTH
ANXIETY
DEPRESSION



DROP-IN OR MAKE AN APPOINTMENT
YOUTH FRIENDLY DOCTORS & COUNSELLORS