

# 2022-2023 Student Handbook



“We empower ALL learners to strive for SUCCESS?”

SCHOOL

# ADMINISTRATION



PRINCIPAL

Ms. Linda Dickinson

VICE-PRINCIPAL

Mr. Darren Chezzi

A-K

VICE-PRINCIPAL

Mrs. Deb Urano

L-Z

Front Desk Administrative Assistant: Ms. Tara Dean  
Student Records Admin Assistant: Mrs. Romona Courtice  
Business Coordinator: Mrs. Nicole Ginter





Counsellor Office: A140  
Raven's Perch: D108  
Youth Care Office: Annex – A173



**Last Name A-K:**  
Mrs. Debbie Kooy

**Last Name L-Z:**  
Ms. Lorette Tataryn

**Indigenous Student Success Coach**  
Mrs. Katy Brookes

**Youth Care Worker**  
Ms. Sara Hobson

**Safe Schools & Substance Use Liaison**  
TBD



Our SOLES keep us grounded...

### SOLES:

1. Attend all classes, and arriving prepared to participate
2. Putting effort into assigned class work & homework
3. Studying to be prepared for tests
4. Choosing language, behavior, and dress that shows respect for the learning environment
5. Making safe thoughtful choices
6. Seeking assistance from Staff in response to threatening or unsafe situations



### WE RESPECT:

- Self**, by accepting and valuing ourselves for who we are;
- Others**, by accepting and valuing others for who they are;
- Learning**, by seeking and valuing opportunities to learn Environment, by protecting and conserving our surroundings;
- Safety**, by thinking before we act.

### **SPÁ:TH, ALWES**

**SPÁ:TH**, (THE BEAR) TEACHES US **ALWES** (COURAGE). COURAGE IS THE ABILITY TO FACE DANGER, FEAR, OR CHANGES WITH CONFIDENCE AND BRAVERY. THE BEAR PROVIDES MANY LESSONS IN THE WAY IT LIVES, BUT COURAGE IS THE MOST IMPORTANT TEACHING IT OFFERS. THOUGH GENTLE BY NATURE, THE FEROCIOUSNESS OF A MOTHER BEAR, WHEN ONE OF HER CUBS IS APPROACHED, IS THE TRUE DEFINITION OF COURAGE, AS SHE WILL FEARLESSLY PROTECT THEIR CUBS AGAINST LARGER BEARS AND OTHER DANGERS. TO HAVE THE MENTAL AND MORAL STRENGTH TO OVERCOME FEARS THAT PREVENT US FROM LIVING OUR TRUE SPIRIT AS HUMAN BEINGS IS A GREAT CHALLENGE THAT MUST BE MET WITH THE SAME VIGOUR AND INTENSITY AS A MOTHER BEAR PROTECTING HER CUB. LIVING OF THE HEART AND LIVING OF THE SPIRIT IS DIFFICULT, BUT THE BEAR'S EXAMPLE SHOWS US HOW TO FACE ANY DANGER TO ACHIEVE THESE GOALS. ADDITIONALLY, THE BEAR ALSO REMINDS US TO BE PLAYFUL AND TO REST WHEN NEEDED.



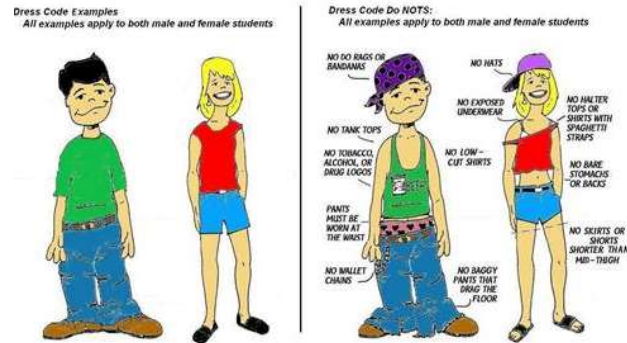
*Student Artist: Kai House, HMS*



**SPÁ:TH** IS CAPTURED IN THE DESIGN CREATED BY OVILA MAILHOT, COAST SALISH GRAPHIC ARTIST, ORIGINALLY FROM SEABIRD ISLAND RESERVATION IN BRITISH COLUMBIA, WHOSE ROOTS ARE BOTH OF STÓ:LŌ & NLAKA'PAMUX NATION. THERE ARE FOUR BEARS DEPICTED IN THIS SPINDLE WHORL INSPIRED DESIGN.



# DRESS CODE

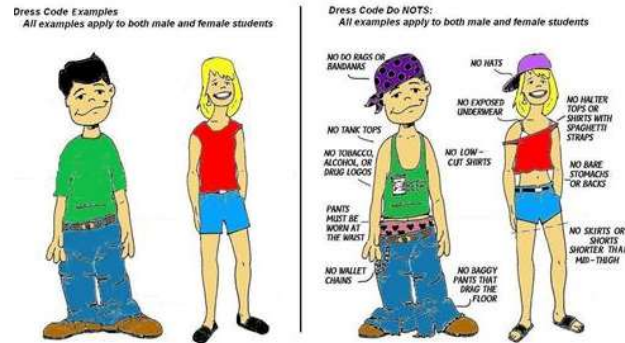


**The school District supports individual choice in clothing for students, emphasizing safety and respect.**

Student clothing guidelines for individual schools must be gender neutral, and stress:

1. A students' right to individual choice, safety, and respect - for self and others.
2. That clothing worn must be safe and suitable for students to participate in activities such as physical health education, science experiments, fine arts, and/or applied skills as necessary.
3. Clothing worn should demonstrate a respect for the school community and meet standards of suitability that are typical of a K-12 Educational Facility.

# DRESS CODE

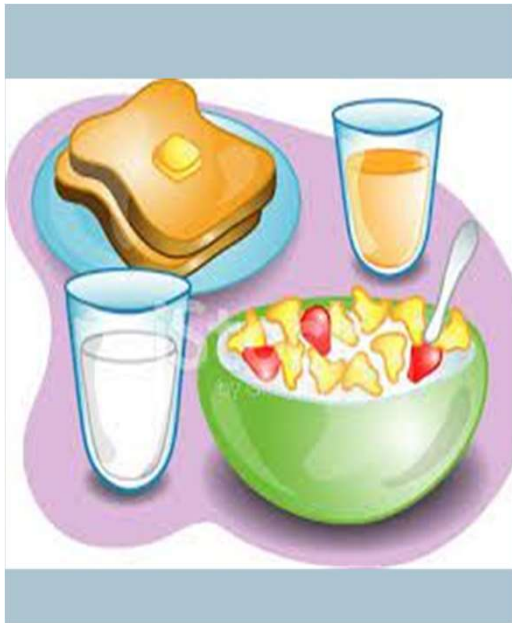


## That students must not wear clothing:

- That compromises a safe and inclusive learning environment; Examples include: language or images that are threatening
  - That promotes the use of tobacco, marijuana, illegal drugs, or alcohol;
    - That advocates illegal activity;
    - That encourages sexism, racism, homophobia, or bigotry.
- That includes insignias, symbols or adornments that denigrate or promote hatred of a person or persons, including, but not limited to, clothing that denigrates or promotes hate based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation, gender identity and / or expression, or age;
- That bears direct or indirect messages or graphics referring to gang culture, sex, pornography, obscene images, weapons, or violence.
- Other than for religious purposes, health and safety requirements, or where required to accommodate a disability, students must not wear clothing which obscures their face.

**Due to safety concerns, hats, hoods, and sunglasses should not be worn inside the school.**





# The Breakfast Club



NOT this Breakfast Club...



BREAKFAST CLUB – STARTING MON. SEPT 12<sup>th</sup>

FREE FOR ALL Students & Staff

8:15am – 8:35am

Enter the school, and head straight to the Cafeteria.

the **THISTLE STOP**

The Thistle Stop is the school's Canteen. You can purchase drinks, snacks and school gear here. You can buy Thistle Stop cards in increments of \$5.00 on School Cash. POS machines coming soon so you can use debit



HERITAGE PARK MIDDLE







Listen for  
announcements to  
get all the info



LOCKS & LOCKERS:  
If you have any troubles, ask your teacher or see  
Ms. Dean in the office.



### How-To: Combination Lock

1. Turn the dial **3 times** to the **right**, then **STOP** when the 1st number lines up with the indicator.
2. Turn the dial **1 full turn** to the **left** (passing the 1st number), then **STOP** when the 2nd number lines up with the indicator.
3. Turn the dial to the **right**, then **STOP** when the 3rd number lines up with the indicator.
4. Lift handle sharply. Open!

