



École Heritage Park Middle School

NEWSLETTER



October 24, 2019 | Issue 2

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MESSAGE FROM THE PRINCIPAL

Dear Parents and Guardians:

We are now more than half-way through our first term of school. On October 18th, we held an extracurricular fair at lunch-time in the main foyer. Students had the opportunity to learn about all of the clubs and teams they could get involved in at Heritage Park.

PLEASE NOTE: Halloween lands on a Thursday this school year. Students are encouraged to wear costumes on this day. Please remember that costumes must follow the school Dress Code Guidelines. Students not following the Dress Code Guidelines will be asked to call home for appropriate clothing to be brought to the school.

Every Friday, leadership students have planned many fun-filled activities for our students to participate in and earn points towards their House Team.

In our first months, we have been focusing on our SOLES Code of Conduct with students (we respect: Self, Others, Learning, Environment and Safety). We continue to be impressed with the level of courtesy demonstrated by Heritage Park students. We are rewarding students who demonstrate SOLES behaviours with a ticket for a draw held at the end of each month. Draw winners will receive gift cards for local businesses, the cafeteria, or the school Thistle Stop Café. For the small number of students who are not yet displaying behavior consistent with our SOLES expectations, we are proceeding with progressive discipline.

Many of our teachers are using the Check-My-Mark program, and many teachers will be sending home interim reports for first term. If you have questions or concerns about your child's progress, now would be a good time to contact teachers. There is still time for students to review, catch-up and improve before report cards go home next month. Report cards will be issued at the parent conference evening on December 5, 2019.

Mrs. Linda Ziefflie

Principal



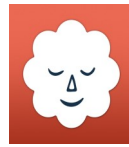
- ✓ November 06 Gr. 9 'Take Our Kids to Work Day'
- ✓ November 08 1/2 Day Assessment, 11:23 am Dismissal, Term 1 Ends
- ✓ November 11 Remembrance Day, No Classes
- ✓ November 12 Term 2 Begins
- ✓ November 19 WE Day

ÉHPMS Info Can Be Found:

- The Student Agenda
- Listen/Read Auto-Dialer Messages
- Check the Monthly Newsletters
- Attend Monthly Parent Advisory Council Meetings
- Check the Website:
hps.mpsd.ca/Pages/default.aspx
- Download the App for 'Push-App' Messages



Free Apps: To Support Students With Anxiety and/or Stress



Stop, Breathe, Think



MindShift

Book: "Why We Sleep: The New Science of Sleep and Dreams"

~ by Professor Matthew Walker ~

Professor Matthew Walker, Director of UC Berkeley's Sleep and Neuroimaging Lab discusses the latest discoveries about sleep and how it impacts our life, wellness, and lifespan.

Book: "Raising an Emotionally Intelligent Child"

~ by John Gottman PhD and Daniel Goleman ~



Daylight Saving Time Ends
On November 3h
Turn Your Clocks Back
One Hour



UPCOMING LIBRARY EVENTS

VR Experience

Friday, November 8, 10 am- 4:45 pm

Come play games in virtual reality! You can show off your dance moves, visit a galaxy far, far away, or try to defuse a bomb. For ages 10+, 48"+. Participants must have a [waiver](#) signed by their parent or guardian. Waivers are available at the front desk.

Nintendo Smash Bros Ultimate Freeplay

Friday, November 22, 10-4:45 pm

Our teen section will be open all day for Nintendo Smash Bros Ultimate freeplay. Stay to play and enter to win prizes.



BOTTLE DRIVE: Parents and families can support the Heritage Park Highlanders Football Team by dropping off bottles at Heritage Park Middle School on:

Sunday, October 27th between the hours of **10:00am- 4:00pm**



How Can I Help My Child Be Successful in School?

1. Read Everyday!
2. Create a consistent after school routine. Help your child study and complete their homework.
3. Be Positive! Always speak positively about school, learning, and your child's teachers.
4. Encourage! Give your child the opportunity to excel in all areas of their academics.
5. Be sure that your child is getting plenty of rest each night and is ready for school each day.
6. Teach your child to be responsible for their actions and to take pride in all they do!
7. Stay Involved! Make it a point to ask your child about their day.
8. Communicate! Contact teachers or administrators with any questions or concerns.



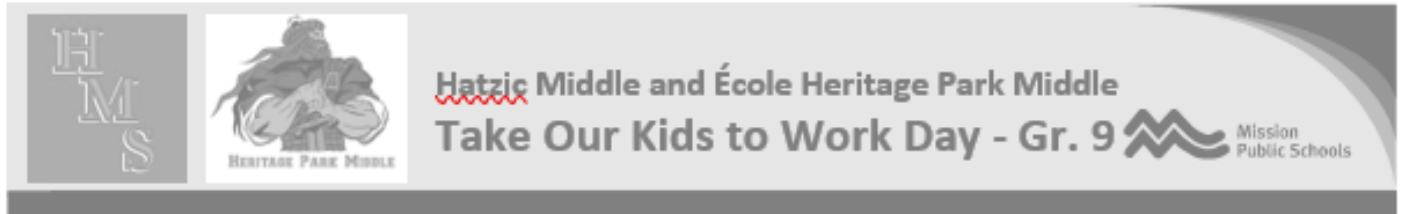
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PARKING CONCERNS



Please be advised parent/guardian drop-off and pick-up of students in their vehicles is increasingly becoming an issue. No parking and reserved parking areas are being completely ignored, and the aggression behind the wheel is increasing. There have been numerous occasions where individuals have almost been hit by cars. We ask you comply to the following requests to avoid any such tragedy:

- Please avoid parking in front of the main driveway to the school and Clarke Theatre. This is a **Fire-Lane** and there should be no stopping at any time. Because of the congestion at the end of the school day, staff make every attempt to back into their reserved parking spots at the beginning of the day; however, are often hindered in doing so because of vehicles stopping in unassigned areas in front of their parking area. Again, because of the congestion, it is near impossible for employees to back out of their parking spots at the end of the day, because of the numerous vehicles in the way.
- Students are encouraged to walk to school. When it is necessary to drop off and pick-up your child, please enter the parking lot off Stave Lake Road and proceed past the bus-loop to the rear parking lot, between the field and the track.
- Students may be safely dropped-off beside the school. There is also parking in the rear lot for visitors. There are also a few marked visitor parking spaces in front of the main entrance.
- Most other parking spaces in the front of the school and on the west-side of the school are assigned as **staff parking**; the parking lot on the east side of the school is for the University.
- **We ask your cooperation in respecting the designated parking spaces and the “No Stopping at Any Time” sign in front of our main entrance.** This allows complete and safe access to permitted parking spaces, spaces for people with disabilities and access for emergency vehicles if required.



October 3, 2019

Dear Parent/Guardian of Grade 9 Students of ÉHPMS and HMS:

Take Our Kids to Work Day will take place on Wednesday, November 6th, 2019.

What is Take Our Kids to Work Day?

Launched in 1994 by the Learning Partnership, Take Our Kids to Work Day is the most recognized career exploration event in Canada. Take Our Kids to Work Day is an experiential learning opportunity for Grade 9, Senior 1 (Manitoba), and Secondary III (Quebec) students across Canada. Students spend the day at the workplace of a parent, relative, friend, or volunteer host. Through Take Our Kids to Work Day, students are able to witness the world of work first-hand, prompting early career planning, and enabling students to make informed decisions pertaining to their future goals and endeavours. By participating in Take Our Kids to Work Day, students are able to learn about a variety of careers, industries, and sectors.

If you are interested in your child participating in this event, please phone in and report your child as excused on this day.

If you require additional information, please contact your child's school administration.

Sincerely,



Mr. Marcello Gabriele
Principal, HMS



Ms. Linda Ziefflie
Principal, ÉHPMS